

Petersburg Medical Center

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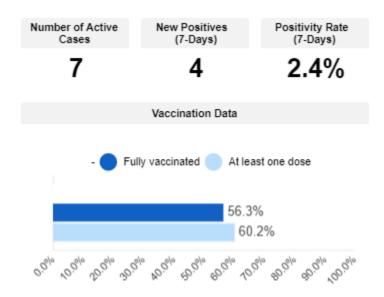
PRESS RELEASE

Date: August 24, 2021

From: Petersburg Medical Center

CASE UPDATE:

Current active case count is seven, three of these active cases are residents, four cases are non-residents. These cases are related to travel, not community spread, a strong indication our community endorses asymptomatic testing. Across Southeast Alaska, cases are continuing to increase and as a result hospital capacity is limited. Anchorage hospitals receive patients from across Alaska and PMC providers are having more difficulty locating a receiving hospital for critical patients.



Even though there is an increase in cases it is important for the community to recognize that post travel testing is working to keep our community safe. Everyone arriving to town regardless of vaccine status is urged to test on arrival and 7 days after arrival.

Travel testing: Persons arriving in Petersburg from any community are urged to test on arrival and again on day seven. Testing is available by going to the Emergency Department entrance on 2nd street, Monday through Saturday from Noon - 4:00 pm. There is no charge for travel testing and no appointment is necessary.

Persons in the community who associate with people who recently traveled to Petersburg are urged to consider asymptomatic testing 5-7 days after potential exposure, even if they are vaccinated themselves.

Asymptomatic testing: Testing when you don't have symptoms creates an opportunity to find the virus before it spreads to others. Community testing is available for <u>no charge</u> on August 19 and 26 from 9:00 am – noon at the respiratory



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clinic next to public health. No appointment is necessary, minors require parent authorization. Results will be available the same day. Call the COVID Information line for an appointment at another time.

The CDC also recommends testing after attending events where social distancing was difficult to maintain or there was poor air circulation. The ideal time to test after these activities is 5 to 7 days. Monitoring for symptoms is encourage for 14 days after travel or activities where exposure to COVID-19 could have occurred.

Symptoms: Most people with COVID-19 start out with only one or two symptoms that may feel like a mild cold. People are the most contagious during the first few days of symptoms and can be contagious before they get any symptoms. Some people don't have any symptoms at all and are still contagious. If you notice even mild symptoms, you should get tested. The CDC has a symptom self-checker here:

https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/coronavirus-self-checker.html#

COVID-19 Vaccine: All three vaccines are currently available at PMC. Public Health (907-772-4611) offers Pfizer and Rexall Pharmacy (907-772-3265) has a limited supply of Janssen (J&J).

The Pfizer mRNA vaccine is now fully authorized by the FDA for persons 16 and older. Refer to PMC PR 8.20.21-2 for information about third dose mRNA vaccines for those considered immunocompromised.

Visit <u>www.pmcak.org</u> where you will find links to the Petersburg Dashboard and information about testing and vaccinations.

To speak to a nurse, arrange for a test or vaccine, call the COVID Information Line at 907-772-5788.

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