



# Petersburg Medical Center

COVID-19 Information Line: 907-772-5788

## HOME ANTIGEN TESTING

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Follow the instructions in the kit carefully. Do not allow the kit to be exposed to temperatures below 60 or above 85 degrees. If kit freezes, do not use. For questions on the kit call 907-772-5788.

### **IF YOUR HOME TEST IS POSITIVE:**

- **This means you have the COVID-19 virus.** Even if you do not have symptoms, you can still spread the virus to others. It is important to stay home and stay away from others.
- **Call the COVID information line for further instructions.** You are highly encouraged to have a follow up test. Only a lab confirmed test will allow you to be exempt from testing or quarantine requirements in the next 90 days. (e.g. travel requirements, return to work/school policies, etc.)
- **Notify your close contacts.** Anyone exposed to you within 48 hours prior to your test need to know before they spread it to others. A close contact is anyone who was within 6 feet of you for a total of 15 minutes or more in a 24 hour period. A person is still considered a close contact even if they were wearing a mask. Phone your friends or visit <https://tellyourcontacts.org/> to inform them anonymously. Close contacts should call the COVID information line at 907-772-5788 or Public Health at 907-772-4611 for instructions.

### **IF YOUR HOME TEST IS NEGATIVE:**

- This does not guarantee you are COVID negative. This test is not as sensitive as the tests done at Petersburg Medical Center.
- You are encouraged to retest with the second test device in your kit 36 – 72 hours later. If you have no symptoms and your second test is negative, you may resume normal activities if you are not a close contact of a positive person. If you still have symptoms call the COVID information line.
- **IF YOU ARE A CLOSE CONTACT OF A POSITIVE PERSON AND:**
  - **NOT VACCINATED:** Continue to quarantine for the required time per State of Alaska Public Health (see back page).
  - **FULLY VACCINATED:** You do not need to quarantine however do monitor for any symptoms for the full 14 days after exposure. Fully vaccinated means 14 days after last dose.
- If you develop symptoms at any time, even after a negative home antigen test, you should follow up with a more sensitive test at Petersburg Medical Center.
- **For more information visit:** <https://www.pmcak.org/covid-home-antigen-testing.html> or scan the QR code with your phone or tablet camera.

