



PETERSBURG BOROUGH, PETERSBURG MEDICAL CENTER

JOINT MEDIA RELEASE: COVID-19 | ONE POSITIVE CASE

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From: Petersburg Emergency Operations Center (EOC)
Contact: Karl Hagerman, Petersburg Borough EOC Incident Commander
Phil Hofstetter, Petersburg Medical Center Incident Commander

For Immediate Release

One additional case of COVID-19 has been identified. This is a travel related case with an individual that tested negative at the airport on arrival. The case developed symptoms and was tested again on 1/2. Public Health has commenced contact tracing efforts.

Travel is not advised at this point in the pandemic. However, if travel is necessary, plan ahead for isolation and quarantine locations if you contract the virus on your trip – including an isolation area in your own home. It is important to prevent the spread to others in the community and family members.

Anyone with signs or symptoms of COVID-19 should NOT travel and they should seek medical advice in regard to COVID-19 testing. Airlines have made it easier to reschedule trips due to pandemic related delays or changed plans. Call your air carrier if you need to change your reservation.

Please refer to the CDC webpage for information on symptoms and precautionary measures at www.cdc.gov/coronavirus/2019-ncov/community/.

Additional current information on COVID-19 is available through the Alaska Department of Health and Social Services (DHSS) at coronavirus.alaska.gov.

All residents must take action to mitigate the potential spread of this virus. If you are sick or suspect that you may be infected with the virus that causes COVID-19, you should take steps to prevent the disease from spreading to people in your home and community. If you think you have been exposed to COVID-19 and develop a fever and symptoms, such as fever, cough or difficulty breathing, call the Petersburg Medical Center COVID Hotline at 907-772-5788 for medical advice. Do not go to the hospital or clinic before calling the hotline.

If you are not sick, please continue to take precautionary measures to stay healthy:

- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Cover your cough or sneeze with a tissue, or cough or sneeze into your elbow.
- Clean frequently-touched surfaces and objects daily (e.g., tables, countertops, light switches, doorknobs, and cabinet handles) using a regular household detergent and water.
- Wear a mask when out in public when you cannot ensure six feet of social distancing as this could minimize the spread of COVID-19.
- Continue to socially distance. This means protecting you and your household members from getting sick. Avoid breaking your home bubble of protection.
- Monitor your health and that of your household members and call the COVID hotline with any questions.

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