



PETERSBURG BOROUGH, PETERSBURG MEDICAL CENTER

JOINT MEDIA RELEASE: COVID-19 | ONE POSITIVE CASE - TRAVEL RELATED

Date: December 30, 2020 4:37pm
From: Petersburg Emergency Operations Center (EOC)
Contact: Karl Hagerman, Petersburg Borough EOC Incident Commander
Phil Hofstetter, Petersburg Medical Center Incident Commander

For Immediate Release

One new case of COVID-19 has been identified in a Petersburg resident that returned from within the State on December 30th. The resident tested 3 days prior to traveling and the positive result was returned shortly after landing in Petersburg. The resident is asymptomatic and will be isolating with their family. Public Health has commenced contact tracing efforts.

Travel is not advised at this point in the pandemic. However, if travel is necessary, plan ahead for isolation and quarantine locations if you contract the virus on your trip. Anyone with signs or symptoms of COVID-19 should NOT travel and they should seek medical advice in regard to COVID-19 testing. Contact your commercial air carrier if your itinerary needs to be changed, most commercial air carriers have flexible rescheduling options.

Please refer to the CDC webpage for information on symptoms and precautionary measures at www.cdc.gov/coronavirus/2019-ncov/community/.

Additional current information on COVID-19 is available through the Alaska Department of Health and Social Services (DHSS) at coronavirus.alaska.gov.

All residents must take action to mitigate the potential spread of this virus. If you are sick or suspect that you may be infected with the virus that causes COVID-19, you should take steps to prevent the disease from spreading to people in your home and community. If you think you have been exposed to COVID-19 and develop a fever and symptoms, such as fever, cough

or difficulty breathing, call the Petersburg Medical Center COVID Hotline at 907-772-5788 for medical advice. Do not go to the hospital or clinic before calling the hotline.

If you are not sick, please continue to take precautionary measures to stay healthy:

- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Cover your cough or sneeze with a tissue, or cough or sneeze into your elbow.
- Clean frequently-touched surfaces and objects daily (e.g., tables, countertops, light switches, doorknobs, and cabinet handles) using a regular household detergent and water.
- Wear a mask when out in public when you cannot ensure six feet of social distancing as this could minimize the spread of COVID-19.
- Continue to socially distance. This means protecting you and your household members from getting sick. Avoid breaking your home bubble of protection.
- Monitor your health and that of your household members and call the COVID hotline with any questions.

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