

COMMUNITY HEALTH NEEDS ASSESSMENT

FY15



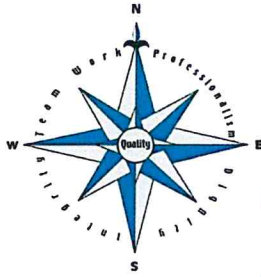
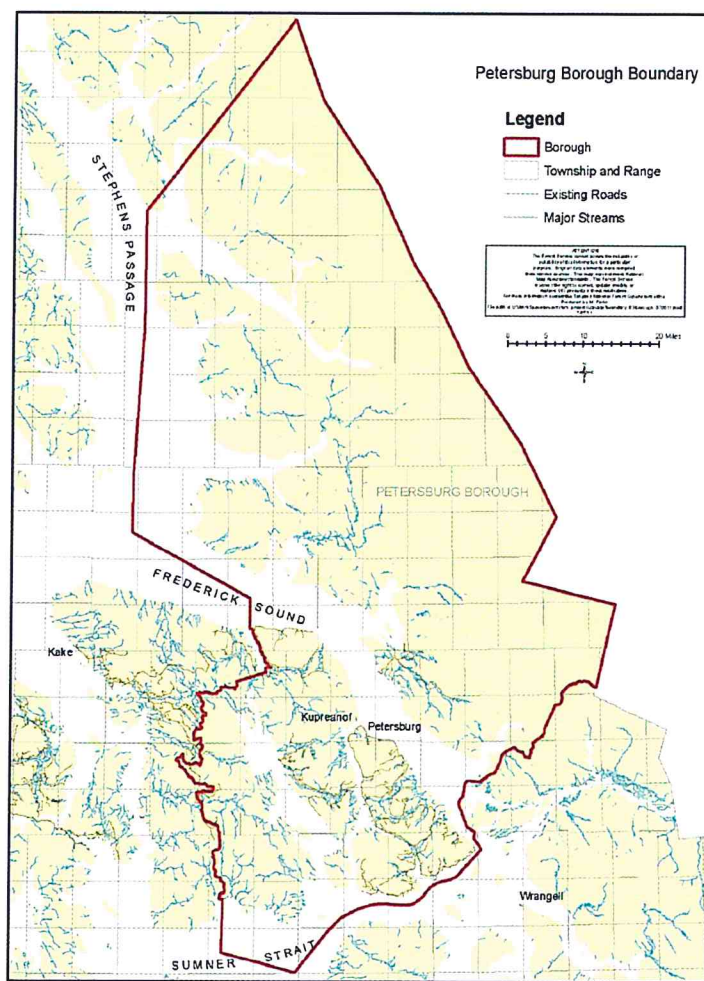


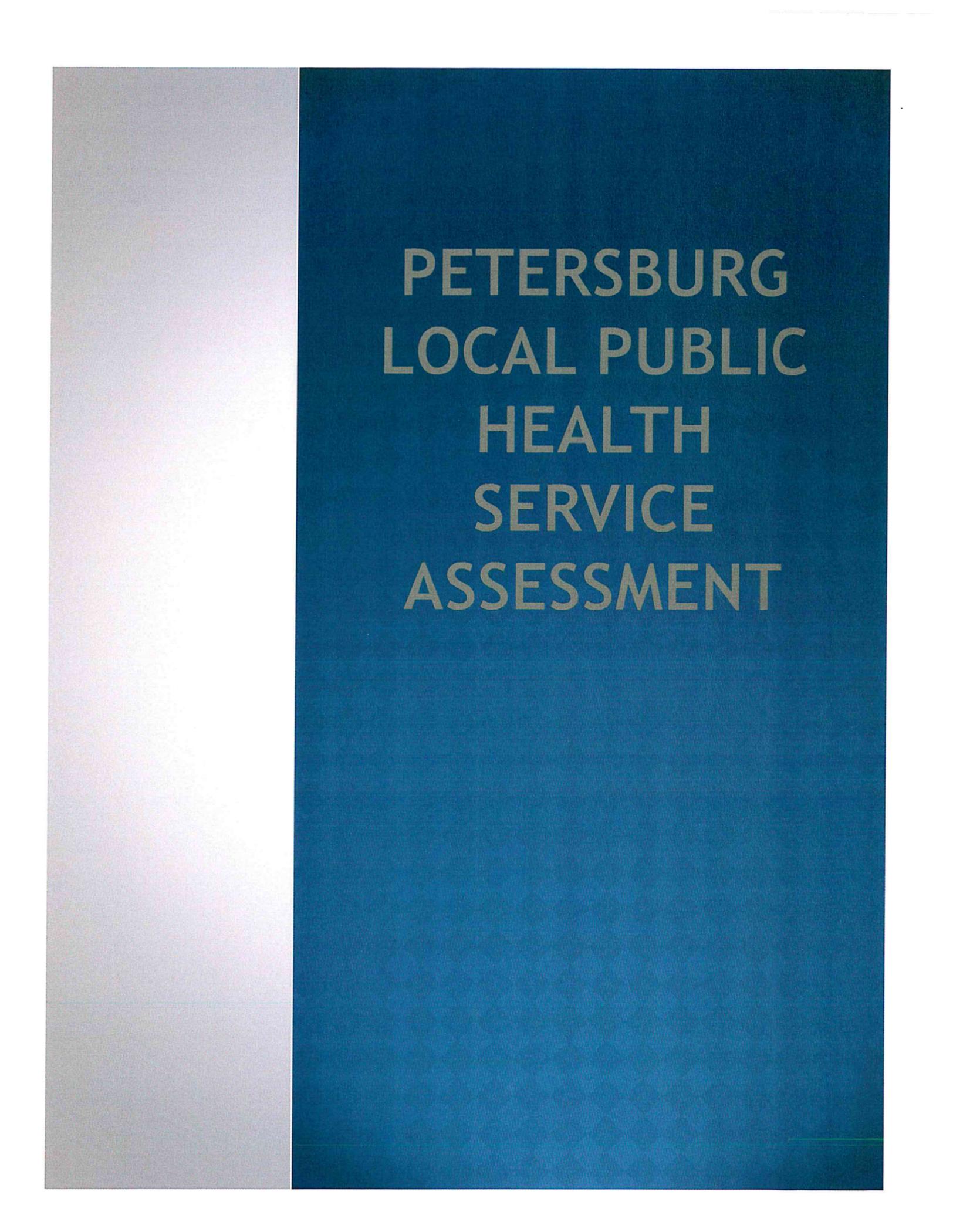
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Petersburg Borough



The Borough is approximately 3,800 square miles, which includes Tongass National Forest and is located on Mitkof Island. The population as of 2014 was 3,209. In Petersburg employment related to the Fishing industry is predominate. Other major employers include Government entities which would include The U.S. Coast Guard, U.S. Forest Service, and Borough employees, Petersburg Medical Center, and Petersburg School District. The population of Petersburg is approximately 77% white, other ethnicities include Native 5.4%, Asian 2.4%, Black 1.5% and Hispanic 4.7%. The median age is 42.1 and average household size is 2.13.



**PETERSBURG
LOCAL PUBLIC
HEALTH
SERVICE
ASSESSMENT**

Petersburg Borough

Mountain View Manor

Mission: To provide a safe, clean, and affordable living environment for senior citizens or disabled residents of Petersburg.

The Borough of Petersburg assisted living home provides room and board, assistance with the activities of daily living and 24-hour protective oversight for 15 persons who are in need of supportive care and personal assistance. Each one-bedroom apartment has a small kitchenette, living room, bedroom, and a private bathroom and is equipped with a nurses call. Each resident may provide his or her own furniture. Their services include the following:

- A safe and caring environment
- 24-hour monitoring of residents to ensure their safety and well-being
- Three nutritious meals daily, plus snacks
- Assistance with the activities of daily living (ADL's), such as walking, eating, dressing, bathing and toileting
- Assistance with instrumental activities of daily living (IADL's) such as doing laundry, cleaning of living areas, obtaining appointments and engaging in recreational or leisure activities.
- Assistance with obtaining supportive community services as provided in the resident's assisted living plan
- Supervision of self-administration of medication
- Planned home recreation activities
- Transportation provided or arranged for appointments, church services and community events
- Weekly housekeeping services to include vacuuming and dusting
- Changing bed linens and resident's personal laundry
- Provide furniture if needed

Parks and Recreation

Mission: "To promote and provide safe, economical, well maintained accessible facilities and a wide variety of quality programs for all ages."

As the Park and Recreation Department plans activities, programs, and events for the community, they try to keep their mission statement "Top of Mind" and allow it to guide their decisions. They seek to provide fitness opportunities for the community, while promoting mental and physical strength for all ages. They provide opportunities for local non-profit groups to do therapy work in the facility; they organize community sporting activities, crafts for kids and adults, while at the same time working directly with local businesses to promote health and wellness in the community.

Their department is made up of aquatics, fitness, and a gymnasium facility, multiple parks, a cemetery, a ball field, Skate Park, and miles of trail. Each of these has become integral to their programs events, and the citizens of the Petersburg Borough. Each part makes an impression on the community and is used to promote health and wellness in their own special way.

Petersburg Cancer Support Group

- Petersburg Cancer Support Group is a free, unstructured anonymous gathering of people impacted by cancer. Discussions range widely and may include recovery strategies such as nutrition and exercise, dealing with fear, loss and grief, celebration of good test results, advice about doctors and hospitals. The group meets the first and third Friday of each month at noon in the library conference room.

Petersburg Indian Association

Mission Statement: The Petersburg Indian Association is dedicated to empowering our native community by promoting our cultural values, education and wellness, while creating a sustainable and diverse economy, cultivating leadership, strengthening families, and respecting our environment.

The Petersburg Indian Association administers and facilitates a number of family service programs and services for our Tribal members including:

- Indian Child Welfare Act (ICWA) Casework
- General Assistance
- Energy Assistance
- Tobacco Program
- Weatherization program (open to all community home owners-rules apply)
- Job Placement program
- Higher Adult Education program

Petersburg Medical Center

- *Our Mission: Excellence in Healthcare Services and the Promotion of Wellness in our Community*
- *Our Values: Professionalism-Dignity-Integrity-Team Work-Quality*
- Petersburg Medical Center is a critical access hospital with 12 acute care/swing beds and 15 long term care beds. The nursing team is composed of RNs, LPNs and CNAs. The services include Inpatient Hospitalizations, Skilled Nursing, Medically Necessary Observation, Chemotherapy, Wound Care, Outpatient Infusions, Cardiac Stress Tests, Non Stress Tests, and full time Physical Therapy and Activities. They also offer Colonoscopies, Endoscopies, and some General/Orthopedic Procedures through the utilization of visiting surgeons.
- Joy Janssen Clinic is Petersburg's primary care center comprised of four family practice physicians. Services provided at the clinic include routine patient care, such as general physicals, as well as focused care and testing including women's health and obstetrical care, diabetes screening and monitoring, cardiac stress testing, heart monitoring, D.O.T., F.A.A and sports physicals, osteopathic manipulation and minor surgical procedures; pediatric care is also provided. For patients who are under the care of a specialist, they are able to provide routine follow-up and monitoring of chronic or specialized medical conditions. In addition, they offer advice and therapy for smoking cessation and substance abuse.
- The Emergency Room is staffed through an on-call roster of the four family practice physicians. Patients presenting to the emergency room can expect to be seen by the physician within 30 minutes of their arrival. For emergencies requiring advanced specialty care or surgery, patients will be stabilized and transferred to another facility.
- Their Home Health is a state licensed; Medicare certified agency providing doctor prescribed skilled services by registered nurses and physical therapists.
- The Clinical Laboratory is certified for licensure by CLIA. Emergency Services are available after hours by on-call personnel. Arrays of diagnostic test procedures are performed on site.
- The Radiology department utilizes digital imaging services which allows for same day diagnostic results for emergency cases. Emergency Services are available after hours by on-call personnel. They offer CT Scans, Bone Density, Diagnostic X-ray, Mammography, General Ultrasound, Vascular Ultrasound, and Obstetrical Ultrasound.
- The Dietary Department serves attractive, flavorful, and nutritious meals for their Long Term Care Residents, Acute Care Patients, and Outpatients. Their registered dietician assesses the individual needs of each resident to help the dietary staff provide nutritious meals as a key factor in their quality care.
- The Community Education Program supports healthy lifestyle and education opportunities in Petersburg. Petersburg Medical Center currently they offers a free annual diabetes screening (held each November), and air diabetes specific PSA's on the local radio. They also provide diabetes education to diabetic and pre-diabetic patients and their families by appointment. The nursing staff in the clinic provides some education regarding giving insulin and testing blood sugars by appointment. Hospital participates in the community health fairs and school events (though information provided at these is general in name) The education outreach has grown for residents of Petersburg with memory screening and importance of receiving a flu shot.

This year there will be a new outreach for the community to get to know Petersburg Medical Center employees with hosting its first Julebaking open house in December.

Petersburg Mental Health Services, Inc.

Mission:

- *To increase and improve locally-based behavioral health service options for residents within the Petersburg Borough.*
- *To effectively address the mental health and substance abuse needs of each person, regardless of race, color, religion, creed, national origin, age, gender, sexual preference, or mental or physical handicap.*
- *To keep a primary focus on protecting the privacy and confidentiality of our clients in this "small town environment."*
- *To increase the interpersonal, emotional, behavioral, and intellectual skills that help our clients function in their home community at the highest possible level of independence.*
- *To do "WHATEVER WORKS." Whatever Works refers to a comprehensive range of services - including traditional psychotherapy (in group, individual, couples, family formats), chemical dependency counseling, support services, advocacy, psychosocial rehabilitation, and prevention and educational services.*

Services provided:

- Crisis intervention and stabilization
- Psychotherapy for individuals, groups, families
- Life skills rehabilitation
- Bimonthly child and adult psychiatric clinics
- Substance abuse counseling
- Substance abuse education
- Prime for Life
- Prevention programs for domestic violence
- Mediation
- Consultation
- Community presentations

Community Programs:

- School counseling
- Long Term Care Behavioral Health Support Services

Supporting Health Awareness and Resiliency Education (SHARE) Program and Coalition

The goals of the SHARE program are:

- *Petersburg's families and individuals will be free from the harmful effects of substance use, dependency and addiction.*
- *Petersburg's children, youth and adults will be mentally healthy and living successfully.*
- *All community members are connected, resilient and have basic life skills.*

The SHARE coalition was formed in 2006 with the purpose of promoting a healthy community using effective practices and partnerships. Since establishment, they have been assessing the Petersburg community's behavioral health issues, identifying program needs, identifying risk and protective factors, cataloging related resources, coordinating a planned response, determining strategies, and evaluating and reevaluating the SHARE program's efficacy.

The SHARE coalition is broad-based, enhancing the community's capacity to effectively provide prevention and early intervention services. It distributes and reports the results of the community-wide Attitudes and Beliefs survey every other year.

The SHARE program uses an environmental approach and community-based processes to address high-risk behaviors and increase resiliency. The strategies are aimed at changing community norms and attitudes about alcohol and illegal drugs, drinking and driving, and suicide. They work to increase local enforcement in limiting the availability of alcohol and drugs, and to strengthen judicial sentencing related to distribution of alcohol and drugs. It has demonstrated changes in community expectations related to the substance abuse, chemical dependence and the sale of intoxicants to minors.

Prevention strategies also include dissemination of other information, community education on suicide prevention and postvention, and individual support and referral.

Wellness Program

The purpose of the Primary and Behavioral Health Care Integration (PBHCI) program is to ensure that residents with Serious Mental Illness (SMI) have access to sufficient behavioral health and primary care services. The PBHCI program assists individuals by coordinating appropriate primary care prevention and screening, behavioral health services, and wellness programming. Wellness programming consists of individualized wellness plans, wellness education, and wellness activities. In Petersburg, participants are provided with low or no-cost memberships to the community center gym. In addition, participants have the option to participate in walking groups, group recreation/exercise, and group cooking classes focusing on health and wellness, and nutrition education.

Petersburg Ministerial Association

General Statement: We, the pastors of the Petersburg Christian Ministerial Association, unite with one voice to proclaim our common Faith in Jesus Christ. We acknowledge that there exist between us important differences of doctrine, Biblical interpretation, styles of worship and Christian practice. Yet, we also acknowledge agreement on the key issues of the Faith, as outlined in the Apostles' and Nicene creeds, and we accept only the Bible as the inspired Word of God and the basis for Christian Faith and practice. We are united regarding issues essential to Salvation; we are charitable regarding important issues not essential to Salvation.

The purpose of the Petersburg Christian Ministerial Association is:

- To provide a combined witness to the community of Petersburg of the life, death, burial and resurrection of Jesus Christ and that there is forgiveness of sin in His Name.
- 2. To promote spiritual and numerical growth in the universal Church of Christ, regardless of denominational name, for Christ's sake.
- 3. To engender and foster mutual understanding and respect between the various Christian churches and fellowships, recognizing that we will often agree to disagree.
- 4. To be a source of spiritual and moral support for each pastoral family in the community.
- 5. To provide a platform for voicing common concerns affecting the community at large from a Christian perspective.

State of Alaska Public Health Nursing

Mission Statement: Protecting and improving the health of Alaskans through partnering with individuals, communities, and systems while advancing self-reliance, dignity and cultural integrity.

Core Services

Our statewide core services are to: Provide population-based public health nursing services to Alaskans and Alaska communities via a network of public health centers and offices in 24 communities and scheduled itinerant nurse visits to approximately 280 additional small communities and villages.

Additionally the section provides support and oversight for public health nursing services provided by the Municipality of Anchorage, the Maniilaq Association (serving the Kotzebue region), and the North Slope Borough (serving the Barrow region) as a component of public health nursing grants to these organizations,

- Immunize children and adults against vaccine preventable diseases and collaborate with other health care providers and community partners to improve vaccination rates.
- Prevent the spread of infectious diseases such as tuberculosis and sexually transmitted infections by educating on prevention measures, screening for disease, treating disease, and disease contact investigation.
- Link people to needed personal health and social services and provide selected individual preventive health care services that would otherwise be unavailable due to access-to-care difficulties.
- Inform, educate and work with individuals and community groups to tackle significant public health issues such as obesity and domestic/interpersonal violence.
- Prevent injury and chronic disease by educating on risk factors and actively promoting healthy behaviors and communities conducive to improving health.
- Prepare for and respond to public health emergencies and disasters. Coordinate and participate in local community preparedness planning, training, and exercises focusing on the public health response to human health hazards associated with natural disasters and with new and emerging disease threats such as SARS and pandemic flu.

Services

Our services are available to all people in Alaska.

Eligibility for some services may be dependent upon age and insurance status. There are fees for all public health clinic services. Clients are asked to pay for services or provide a current Medicaid card at the time of service. Fees will be on a sliding scale based on family income and size. **No one will be refused service due to inability to pay.**

INDIVIDUAL-BASED SERVICES of Public Health Nurses

- **Immunizations.** Routine childhood vaccines for children ages 2 months through 18 years of age regardless of insurance status. Limited vaccines for eligible adults may also be available.
- **(Immunization schedule)**

Family Planning/pregnancy testing.

Empower clients to make informed decisions regarding their reproductive futures, including pregnancy testing, emergency contraception, hormonal and barrier contraceptives and contraceptive methods counseling.

Prenatal Counseling, Postpartum Outreach.

Resource counseling, education, and linkage with services.

Well Child Exams.

Developmental and Health screenings, immunizations, and parenting support. Health screenings include the Early Periodic Screening Diagnosis and Treatment (EPSDT) program for children on Denali Kid Care/Medicaid.

Tuberculosis (TB) screening and treatment.

TB skin testing, education, and case management in coordination with your primary health care provider for both active and latent TB infection.

School screenings.

Working with schools, public health nurses (PHNs) may assist with school screenings where there are no local school nurses to complete the legally mandated screenings for school children in pre-Kindergarten through grade 12.

Sexually Transmitted Infection (STI)/Human Immunodeficiency Virus (HIV) screening.

Testing, education, treatment, partner notification, and expedited partner therapy for the most common sexually transmitted infections, including chlamydia, gonorrhea, syphilis, and trichomoniasis. HIV services include prevention, counseling, testing, and contact follow-up.

COMMUNITY-BASED SERVICES of Public Health Nurses

Communicable Disease Investigation.

Generally started by a positive lab test result for a Reportable Condition that might be passed on to others.

Community Assessments.

Working with other community groups, PHNs are available to help lead community health assessments. This assures a public health perspective is included in the process, which meets Affordable Care Act (ACA) requirements for private non-profit hospitals.

Community Health Improvement Processes.

When communities identify and collaborate on public health concerns, PHNs participate by bringing experience, data, information and evidence-based research to the partnership. PHNs work with local people and groups to organize and develop activities/responses to meet those needs. For example, many community partnerships to decrease domestic/interpersonal violence in Alaskan communities include PHNs who work to increase the use of evidence-based strategies to reduce the incidence of domestic/interpersonal violence.

Community Organizing and Development Activities.

When community assessments identify community health needs, PHNs work with local individuals and groups to organize and develop activities/responses to meet those needs.

Emergency Preparedness. Participate in Local Emergency Preparedness Committees (LEPCs) to organize and plan for community emergencies.

Health Education. Both an individual health care activity during clinic visits and a community activity. PHNs offer health education classes about a variety of health-related topics in communities, many in coordination with schools, community organizations, and other health care providers. A large variety of topics are available dependent on community needs and desires. Much parenting education related to child health and development is done during clinic visits by families. Many PHNs also participate in community parenting education programs with hospitals, health care systems, education systems and other community-based groups focusing on health and development issues of children and families.

Communities across Alaska have a large variety of sizes, needs, organizational and cultural styles, so PHN service delivery varies across the state. Please contact your local Public Health Nurse or Public Health Clinic (see bar at side for links) to find out how and what PHN services are delivered in your community.

W.A.V.E. [Working Against Violence for Everyone]

Mission Statement: WAVE exists to support and provide advocacy for victims of domestic violence and sexual assault, and promote relationships without violence in the greater Petersburg community.

WAVE is a non-profit group that assists and advocates for victims who are experiencing violence in their lives. Services include safety planning, temporary safe shelter for victims and their children, assistance with transportation, legal advocacy services such as accompanying victims to court, help in completing protective order paperwork, understanding victims' rights, and consulting with an attorney. In addition to direct victim response, WAVE advocates participate in domestic violence (DV) and sexual assault (SA) prevention efforts through classroom presentations in our schools, community outreach, and partnerships with other key community social and public agencies in Petersburg. WAVE maintains a part-time office which is open for drop-in help, and also a 24/7 confidential crisis hotline answering service that can connect a caller with an advocate during non-office hours.



FORCES OF CHANGE ASSESSMENT

In the Mobilizing Action through Planning and Partnerships (MAPP) report for the FY 2013 we looked at forces which have the ability to impact the local public health system for the next three to five years. This is the progress that our community has made in the past three years.

Questions:

1. What is occurring or might occur that affects the health of Petersburg or the local public health system?
2. What are specific threats or opportunities are generated by these occurrences?

The forces are included below, grouped into the following categories: Political, Economic, Social, Technological, Environmental, Scientific, Legal and Ethical.

Political

- In 2012 the City of Petersburg was trying to decide whether to stay a city or become a borough. It caused a lot of turmoil in the community at the time. In January 2013 Petersburg Borough was established. With a new Borough Assembly and Planning Commission all committees had to be dissolved and new committees needed to be established.
- In 2014 a comprehensive plan update was initiated for Petersburg Borough and Petersburg Harbors. Questions that were answered were what is in store for Petersburg Borough and harbors? What will the citizens of the Borough of Petersburg want in the future? The comprehensive plan was completed by fall 2015.
- Another area the citizens of Petersburg wanted change was better representation. After several events in 2012 the citizens lobbied to have a District Attorney represent Petersburg. However this position was eliminated after The State of Alaska experienced severe budget cuts. To alleviate the workload on the District Attorney's office in Juneau particular misdemeanors are being turned into fines.

Economic

- Petersburg Medical Center invigorated our Foundation with the mission: Excellence in healthcare services and promotion of wellness in our community. The three areas of focus of the Foundation are capital equipment, staff education, and scholarships.
- In 2010 Petersburg Economic Development Council – Economic Trends we saw the decline of our local population. Over the last five years we have seen it slowly go up and then drop down again. In the draft of the Petersburg Borough Comprehensive Plan update June 12, 2015 the Borough received a “false” increase due to expanded boundaries in 2014.

- It was noted that there was a lack of housing options in 2012 for new incoming families and professionals. In the Petersburg Borough Comprehensive Plan Update June 12, 2015 draft states that limited population growth will result in limited increase in the number of homes.
- In 2013 there was an insufficient childcare service for children under 4. This included a lengthy wait list for children to be served with childcare. There simply is not enough room at the current facility Petersburg Children's Center. The community raised \$47,000.00 in 2015 to assist with this project, materials have been ordered for two new rooms. When the project is completed it will allow half of the forty three children currently on the waiting list to receive child care. This project will not only improve conditions for children in the community it will also increase the availability of jobs.
- Due to the shortfalls in the oil prices the State of Alaska is facing severe budget cuts. These cuts will affect capital projects, the risk of residents Permanent Dividend Fund being drastically reduced, possible increased sales tax, and potential state income tax. All of this will result in decreases of individual and business funding.
- Petersburg Medical Center offered a payment plan incentive discount in October 2015. The facility offered a dollar for dollar match on current payment plans. This was offered to help those in the community pay off their medical debt.

Social Services

Aging Population

- Current statistics show that our town is aging. This puts a higher demand on our medical facilities.
- Limited assisted living /retirement housing has not changed since 2013.
- In August of 2013 Petersburg Medical Center offered a falls class. The outreach was to Mountain View Manor and Assisted Living employees. It was also offered to anyone from the public. The goal was to reduce falls in the community which would reduce visits to the hospital.
- Petersburg Medical Center has increased their outreach education for seniors, but all citizens are welcomed to attend. With memory checks, diabetes outreach programs available.
- Petersburg Medical Center obtained a new mammogram machine and worked with a local Girl Scout working toward her Gold Award. They coordinated it with Breast Cancer Awareness week. Working with hospital staff and imaging specialist she presented information and assisted with the open house, which included advertising with radio and newspaper.
- When an adult reaches senior status in Petersburg they have a number of tax exemptions. This leaves more non senior residents to pay or carry the borough finances. Reduction in tax revenue for our community happens as the town increases its senior population among other factors.

Access to care

- Previously the State of Alaska did not accept the Medicaid expansion from the federal government back in late 2013. The lack of the Medicaid expansion left many who did not qualify for supplemental insurance without any insurance. The Petersburg Medical Center is working on readjusting their charity package, working out payment plans and offering specials if an account is paid in full.
- The hospital has not been able to deliver babies since December 31, 2008. Currently women must leave town at least within two weeks of delivery. It has been expressed to the hospital that families would like to stay in Petersburg. In late 2015 Petersburg Medical Center stated it will conduct a study on whether it will resume infant deliveries at this facility.
- In 2013 the public health department office in Petersburg was in jeopardy of closing. Lack of citizens using the health center was making it hard to justify the existence. Since January 2014 it has slowly turned completely around. There is now a waiting list to be seen at the public health office.

Behavioral Health

- Mentioned in 2013 report the increase in drug use is very evident. With the SHARE Substance Abuse Community Assessment of May 2015 the results showed the respondents disapproved the use of cocaine, methamphetamines, amphetamines, and opiates to thinking Petersburg as a whole is neutral on "safe" levels of drinking.
- Petersburg Mental Health Services (PMHS) led the overall effort in Supporting Health Awareness and Resiliency Education (SHARE) coalition. The current coalition involves members of PMHS, Petersburg School District, Petersburg Ministerial, Work Against Violence for Everyone (WAVE), Petersburg Medical Center, Petersburg Police Department, Petersburg Fire Department, Petersburg Indian Association, and the public. We work together to help find a solution to the know drug and alcohol problems.
- Petersburg Medical Center current employees that volunteer on the SHARE committee are Elizabeth Woodyard CEO, Chad Wright Administrative Assistant, Shelley Hjort Quality Specialist and Nicole Rowley Quality Specialist.

Environmental

- Increased resources for natural and manmade disasters planning. Currently the Petersburg Medical Center is coordinating Operation Mitkof Mayhem to practice with all entities of Petersburg. This drill will also involve the State of Alaska emergency departments. This is to help our community and hospital all work together in a disaster.
- The hospital has joined along with other business in town with recycling, before all waste was sent to dump. Currently boxes are broken down; non important paper, plastics and aluminum are recycled. This program has blossomed in the two years it has been up and running in Petersburg.
- With assistance with other police departments and a K-9 unit there have been a couple drug arrests in 2014-2015. This along with combined results of Substance Abuse Community Assessment of May 2015, the SHARE Coalition has voted to focus on the drug problem in Petersburg.

- SHARE sent three members of the coalition to Crime Stoppers in Atlanta, GA. This group came back with many good ideas that will assist in the startup Crime Stoppers in Petersburg.
- SHARE also indorses the purchase of a K-9 dog for the Petersburg Police Department to assist in the drug problem in Petersburg.



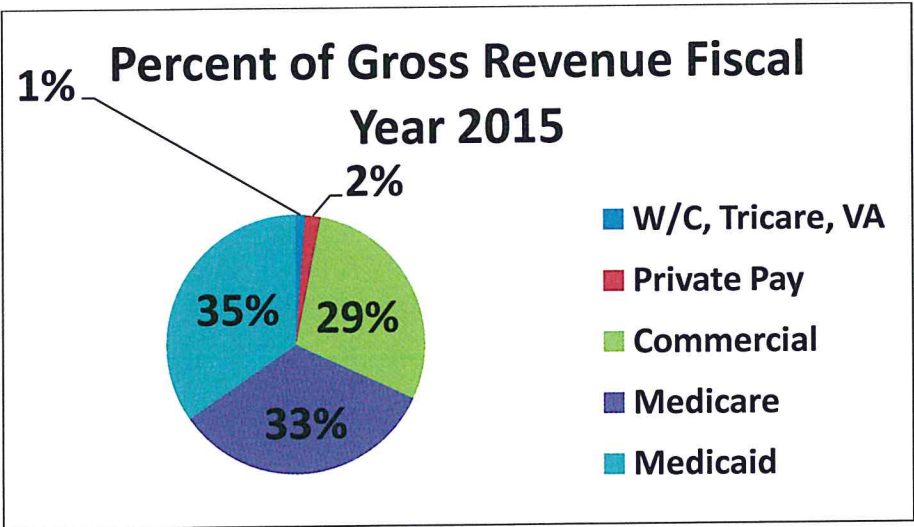
COMMUNITY HEALTH STATUS ASSESSMENT

This assessment provides an understanding of the community’s health status and to ensure that the community’s priorities include health issues specific to this area.

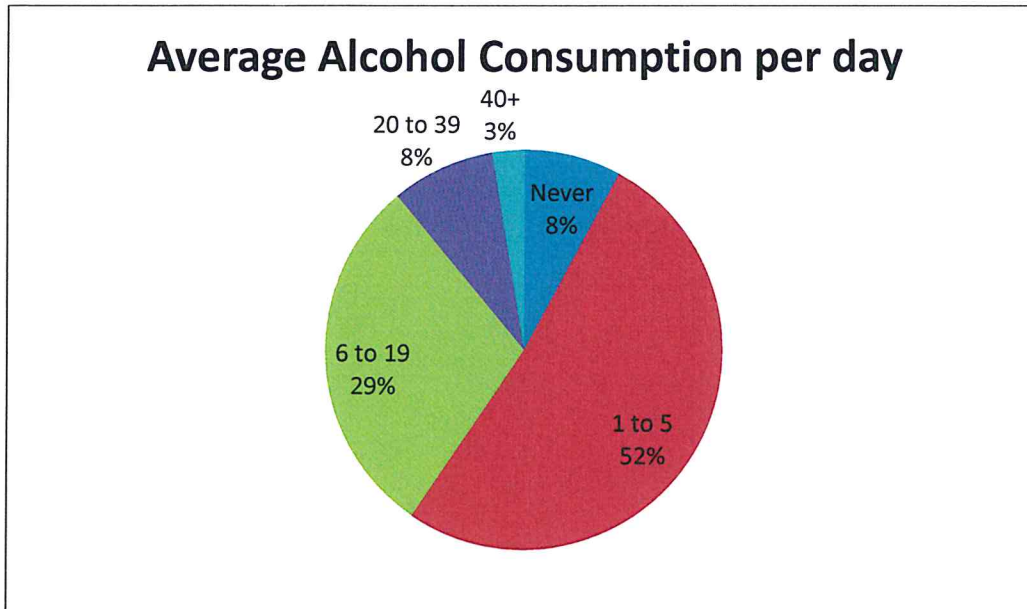
Demographics 2015

Age	Percentage
0 to 4	7.27%
5 to 9	4.36%
10 to 14	4.62%
15 to 17	4.27%
18 to 20	3.19%
21 to 24	5.41%
25 to 34	12.01%
35 to 44	12.24%
45 to 54	21.59%
55 to 59	6.99%
60 to 64	8.38%
65 to 74	6.36%
75 to 84	2.34%
85 and over	0.98%

*U.S. Census 2010

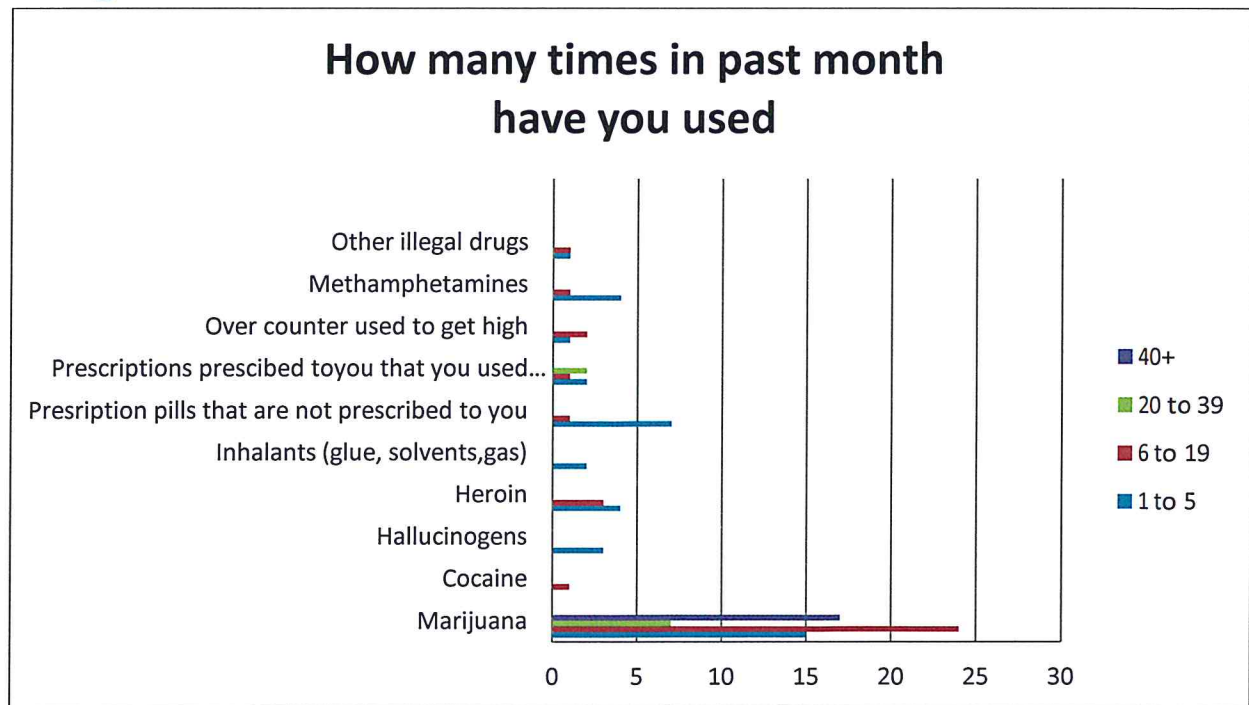


Alcohol Use



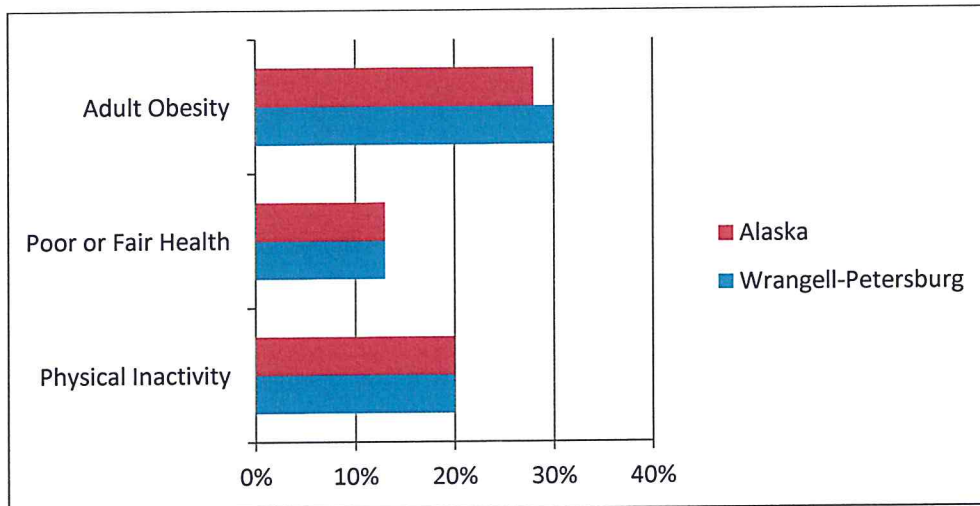
*SHARE Survey 2015

Drug Use



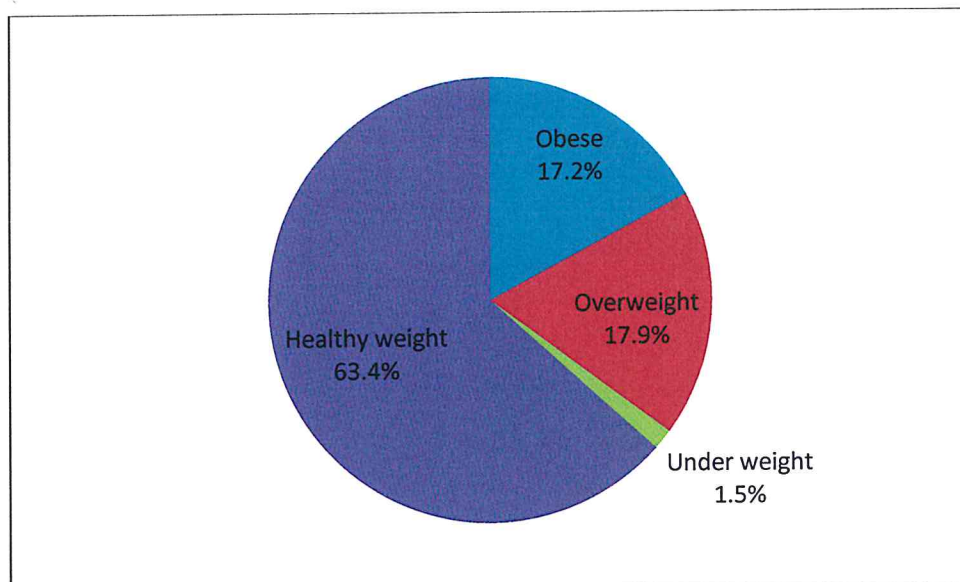
*SHARE Survey 2015

Adult Obesity



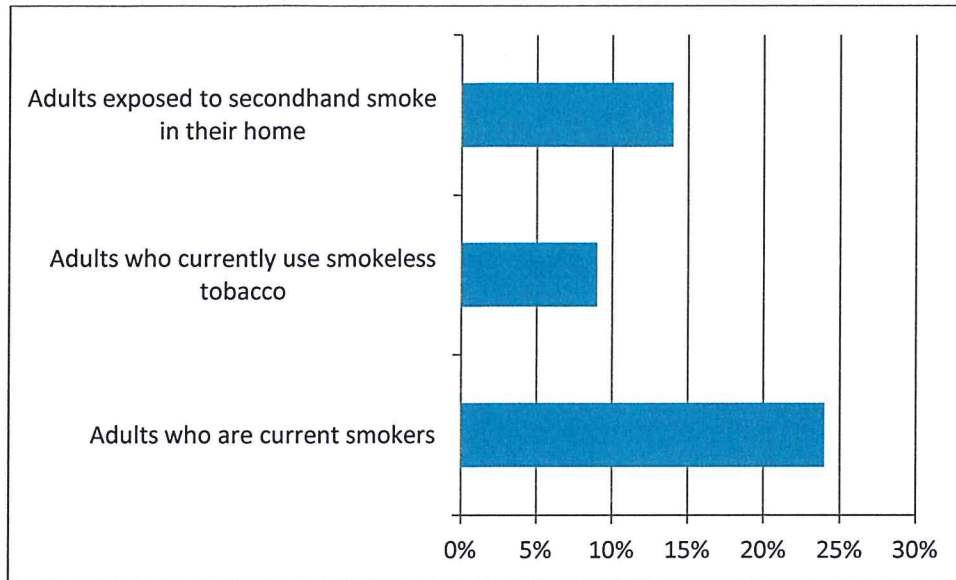
*2015 countyhealthrankings.org/Alaska/Wrangell-petersburg

Children's BMI



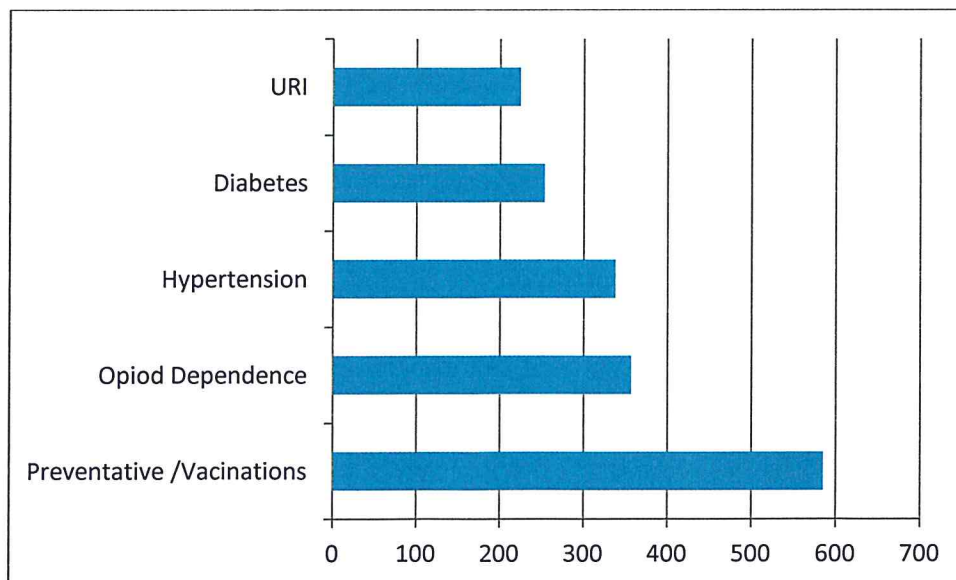
*Health Services Petersburg School District

Tobacco Use and Exposure



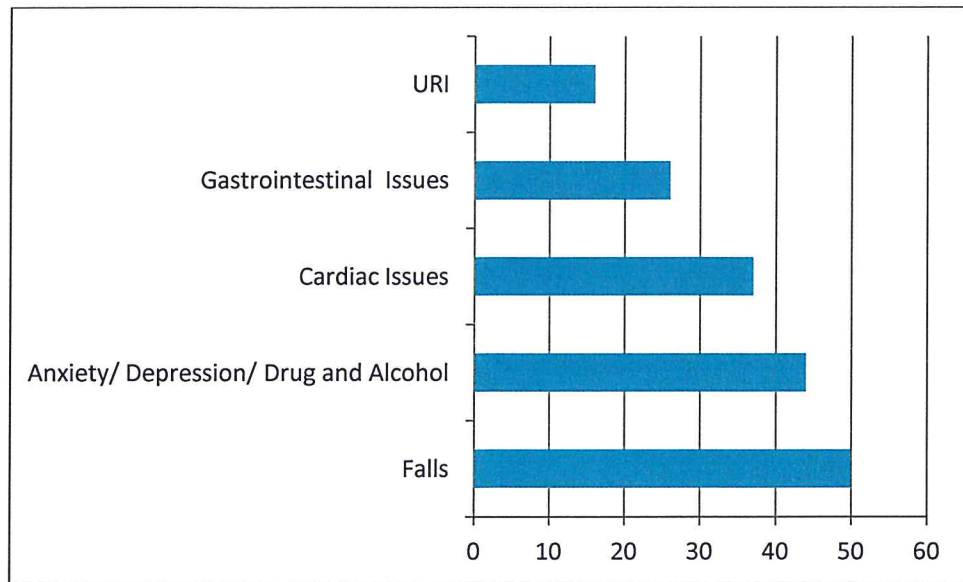
*2011 Behavioral Risk Factor Surveillance System /Most current information

Top five reasons for clinic visits

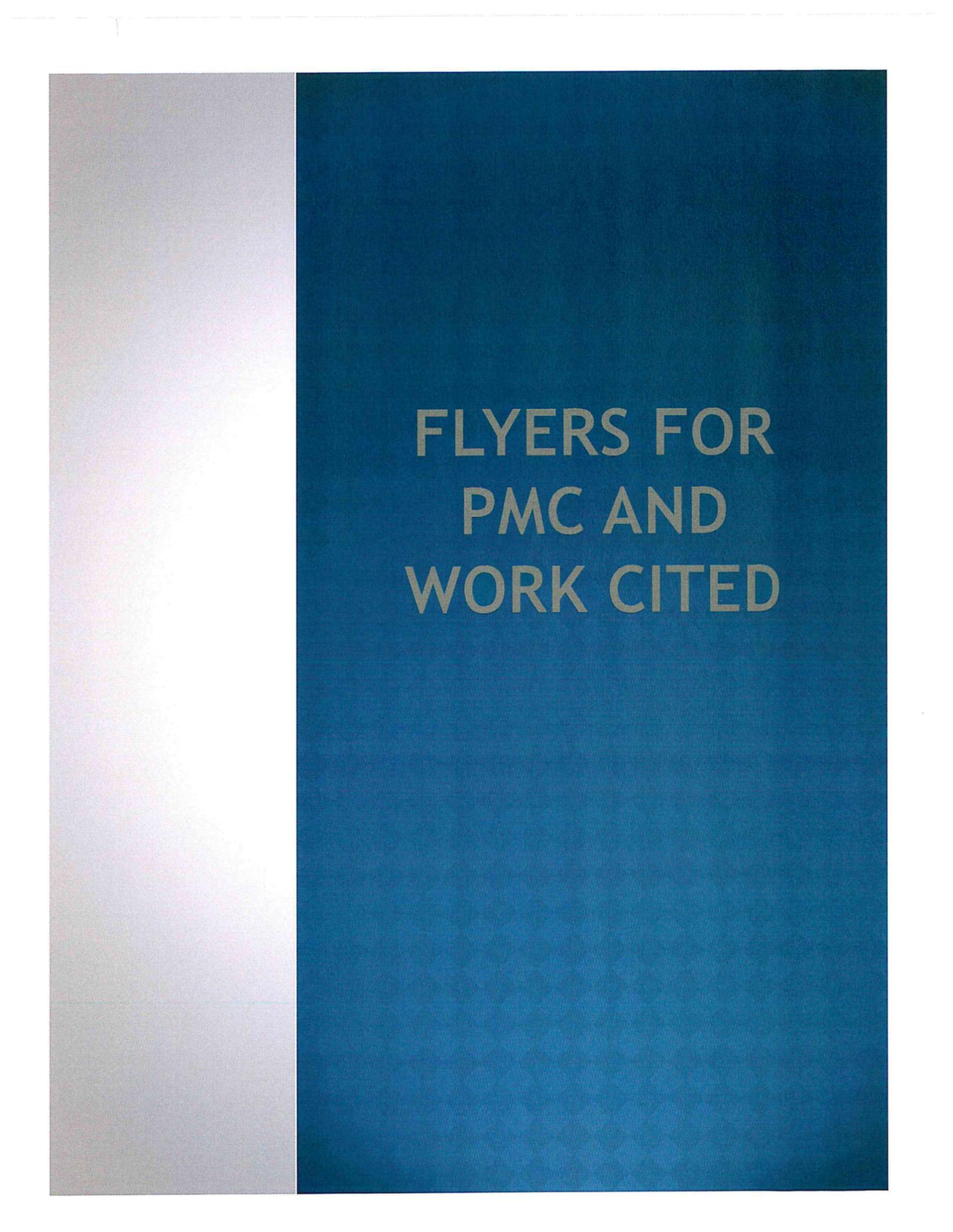


*Records Petersburg Medical Center

Top five reasons for Emergency Department visits



*Records Petersburg Medical Center



**FLYERS FOR
PMC AND
WORK CITED**


PMC's First Annual Julebukking!!

- December 21st 2-4pm •
- Dorothy Ingle Conference Room •

Come take a break from your work day and enjoy some yummy food with the community.

-PMC Employee Voice
Committee





PMC Mammography Open House!

Friday, October 9th 4-6pm

Radiology Department

Come enjoy some appetizers, punch,
cake, and see our new mammography
machine!

Become a member of the Foundation and
receive a gift!

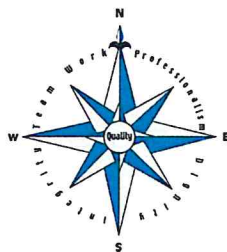


Are you a Veteran?

The Veteran's Administration has a "My Healthy Vet" portal to help you access your medical records, health benefits, and more.

Come Register!

- Visiting Physician's office, August 5th from 10am-1pm to sign up.
- Once registered receive a free \$10 gas gift certificate.
- Questions or can't make it on the 5th? 772-4291 x500. We can set up an appointment to help you.



Petersburg Medical Center

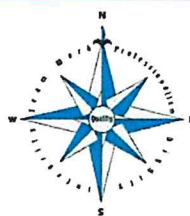
PO Box 589
103 Fram Street
Petersburg, AK 99833

www.pmcak.org

MEMORY CONCERNS?

Get Screened.

Get Information.



***Petersburg
Medical Center***

FREE MEMORY SCREENINGS

Where: Visiting Physician's Office

When: Tuesday, November 3rd

11:00am-1:00pm

** Memory screenings are like other routine health check-ups.*

** Each memory screening takes approximately 10 minutes and while the result is not a diagnosis, it can suggest if someone should see a physician for a full evaluation.*

The National Memory Screening Program is an initiative of:

ALZHEIMER'S FOUNDATION OF AMERICA

www.nationalmemoryscreening.org • 866-232-8484



Petersburg Medical Center

103 Fram Street
PO Box 589
Petersburg, Alaska 99833

Phone: 907-772-4291

October 1, 2015

Payment Plan Incentive Discount

Dear Petersburg Medical Center Patient:

Our records indicate that you have an active payment plan with our facility. We are informing you of a payment incentive that will be offered toward the balance of your existing payment plan. Any patient with an active payment plan as of October 1, 2015 will receive a dollar-for-dollar match on any payment received during the October 1, 2015 - November 30, 2015 incentive period.

This offer cannot be extended towards balances that are not included in an existing payment plan agreement. Payments must be received in our office by 5:00 pm on November 30, 2015.

Thank you for choosing Petersburg Medical Center to provide care for you and your family. Our mission is excellence in healthcare services and the promotion of wellness in our community.

For additional information please contact the Petersburg Medical Center Business office Monday - Friday between 8:00 am and 5:00 pm.



According to the SHARE Substance Abuse Community Assessment May 2015 when problems experienced through alcohol use is normalized and compared with similar problems due to drug use, the frequency and severity of those using drugs is greater.

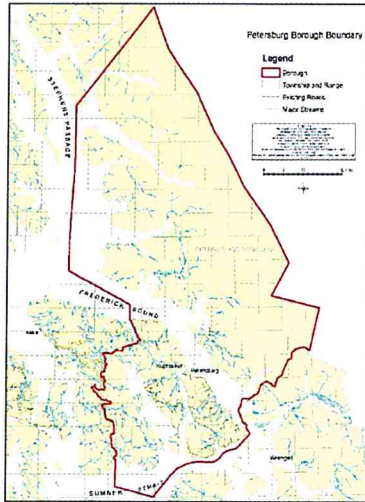
Respondents think Petersburg as a whole is neutral on “safe” levels of drinking.

Respondents do not think Petersburg as a whole is either negative or positive in attitude toward marijuana use. There may be a slight bias toward favoring it

Respondents think Petersburg as a whole strongly disapproves of the uses of cocaine, methamphetamines, amphetamines, and opiates.

The diagram above shows how Petersburg as a whole puts up with the alcohol use in our community, but there is a line drawn when it comes to illegal and abused prescription drug use.

Work Cited



<http://www.ktoo.org/wp-content/uploads/2012/06/Petersburg-Proposed-Borough-Map.jpg>

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SHARE Substance Abuse Community Assessment May 2015

2011 Behavioral Risk Factor Surveillance System

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