**May 2019 PMC Community Café:**

**Budget Impacts to healthcare and innovation toward future models**

***Community Group feedback*:**

**How can PMC become a healthier community?**

The Petersburg community would like to see a community calendar; this would give community members details about upcoming activities. This activities calendar would be on the Internet, radio and around town so all members are able to find the calendar.

Promotion of healthy lifestyles in collaboration with the community will be key to achieving a healthier community.  This could include community classes on how to read food labels and how to make healthy choices; education on healthy vs. unhealthy foods and the long-term effects of unhealthy foods on you and your family; and education on chronic illness, drug abuse and cooking. Incentives to encourage adults and children to attend classes could include discounts, for example, at the gym or fitness class.

Providing Farragut Farm boxes and healthy options to those in need would be a way to encourage healthy eating in low-income families. The backpack program and free dinner night should feature healthier choices.

We should look at the data and act on the data.

**How can Petersburg control the cost of healthcare?**

The community would like to see commercial co-op insurance for all community members, partnering with an insurance company or buying into a Medicaid program.

Documentation can take up a lot of a physician’s time, and the Petersburg community would like to see a different standard for this. The physician should know what he or she is charging and let the patient know what their options are. Patients should be given a breakdown of the costs of all recommended testing and work with their physician to decide together what tests are medically necessary and what can wait.

The community needs education on health care and the costs of transitioning from the clinic to the hospital to long-term care to home, and what a patient’s insurance will and will not cover. The community needs more education on end of life choices.

Looking at what we are doing correct in our healthcare system and understanding why they are going well and expanding on that.